

Powder Keg 10K

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	GASKELL, DULUTH	DULUTH, MN	RUNNER	605	00:43:06.74	6:56/m	8.7mph	M	27	
2	FINCH, JASON	HUDSON, WI	RUNNER	604	00:43:37.39	7:01/m	8.5mph	M	39	
3	ALBU, RYAN	MINNEAPOLIS, MN	RUNNER	624	00:46:25.44	7:28/m	8.0mph	M	38	
4	KOMP, ANDREW	CHETEK, WI	RUNNER	609	00:47:46.38	7:41/m	7.8mph	M	39	
5	JANICKI, SAM	MOUND, MN	RUNNER	630	00:48:40.79	7:50/m	7.7mph	M	31	
6	SCHIEL, JOHN	CEDARBURG, WI	RUNNER	623	00:51:34.94	8:18/m	7.2mph	M	22	
7	MORGAN, SHELDON	HOUSTON, MN	RUNNER	636	00:52:22.30	8:26/m	7.1mph	M	52	
8	SEIBEL, BEN	EAU CLAIRE, WI	RUNNER	634	00:52:39.01	8:28/m	7.1mph	M	39	
9	MCDONELL, JIM	WOODBURY, MN	RUNNER	631	00:54:57.49	8:50/m	6.8mph	M	63	
10	CIRVES, JOHN	MADISON,, WI	RUNNER	626	00:56:08.91	9:02/m	6.6mph	M	36	
11	HANE, LISA	ST PAUL, MN	RUNNER	629	00:56:50.87	9:09/m	6.6mph	F	43	
12	CUNLIFFE, ALEXANDRA	SAINT PAUL, MN	RUNNER	628	00:57:52.58	9:19/m	6.4mph	F	29	
13	MYRE, MITCH	MINNEAPOLIS, MN	RUNNER	632	00:59:16.04	9:32/m	6.3mph	M	41	
14	CLASS, KATY	WOODBURY, MN	RUNNER	602	00:59:46.60	9:37/m	6.2mph	F	52	
15	HINDEN, CRAIG	EAU CLAIRE, WI	RUNNER	606	1:01:18.52	9:52/m	6.1mph	M	43	
16	FIELDS, JAKE	EAU CLAIRE, WI	RUNNER	638	1:02:27.17	10:03/m	6.0mph	M	31	
17	WATSON, PAUL	FARMINGTON, MN	RUNNER	620	1:03:17.63	10:11/m	5.9mph	M	47	
18	GRAUPNER, JIM	LAKE ELMO, MN	RUNNER	635	1:04:08.85	10:19/m	5.8mph	M	72	
19	AYRES, JOHN	EAU CLAIRE, WI	RUNNER	625	1:05:52.31	10:36/m	5.7mph	M	57	
20	MARSH, DUSTIN	EAU CLAIRE, WI	RUNNER	611	1:09:23.16	11:10/m	5.4mph	M	23	
21	JUDD, CARA	RED WING, MN	RUNNER	608	1:10:04.34	11:16/m	5.3mph	F	40	
22	FANGMAN, CATHLEEN	RED WING, MN	RUNNER	603	1:10:04.47	11:16/m	5.3mph	F	46	
23	SEIDL, ANN	EAU CLAIRE, WI	RUNNER	617	1:11:00.74	11:25/m	5.3mph	F	46	
24	KORHONEN, NICK	EAU CLAIRE, WI	RUNNER	622	1:11:28.83	11:30/m	5.2mph	M	20	
25	WEIX, KATHY	EAU CLAIRE, WI	RUNNER	621	1:14:16.41	11:57/m	5.0mph	F	68	
26	MCGRAW, DENNIS	EAU CLAIRE, WI	RUNNER	612	1:14:54.13	12:03/m	5.0mph	M	69	
27	CIRVES, STEENA	MADISON, WI	RUNNER	627	1:16:34.29	12:19/m	4.9mph	F	35	
28	BRUGGENTHIES, JULIE	MENOMONIE, WI	RUNNER	601	1:25:00.62	13:41/m	4.4mph	F	56	
29	OGDEN, PAM	EAU CLAIRE, WI	RUNNER	615	1:26:18.82	13:53/m	4.3mph	F	60	
30	LECHER, RICK	GORDON, WI	RUNNER	610	1:28:24.40	14:13/m	4.2mph	M	76	
31	PLUMMER, LAURA	EAU CLAIRE, WI	RUNNER	616	1:29:55.07	14:28/m	4.1mph	F	48	
32	RAY, JANIS	EAU CLAIRE, WI	RUNNER	633	1:57:27.10	18:54/m	3.2mph	F	48	
33	HANDLEY, KRIS	EAU CLAIRE, WI	RUNNER	637	1:57:28.67	18:54/m	3.2mph	F	42	
34	HOLTAN, MICHELLE	STEWARTVILLE, MN	RUNNER	607	2:37:45.87	25:23/m	2.4mph	F	33	
35	MCLAUGHLIN, JEN	LEWISTON, MN	RUNNER	613	2:37:56.39	25:25/m	2.4mph	F	40	

Powder Keg 10K

Overall Male Runners

Bib#	Name	Time	Type	City
1. 605	Gaskell, Duluth	43:06.74	Runner	Duluth

Overall Female Runners

Bib#	Name	Time	Type	City
1. 629	Hane, Lisa	56:50.86	Runner	St Paul

Male 20 - 29

Bib#	Name	Time	Type	City
1. 623	Schiel, John	51:34.94	Runner	Cedarburg
2. 611	Marsh, Dustin	1:09:23.16	Runner	Eau Claire
3. 622	Korhonen, Nick	1:11:28.82	Runner	Eau Claire

Female 20 - 29

Bib#	Name	Time	Type	City
1. 628	Cunliffe, Alexandra	57:52.58	Runner	Saint Paul

Male 30 - 39

Bib#	Name	Time	Type	City
1. 604	Finch, Jason	43:37.38	Runner	Hudson
2. 624	Albu, Ryan	46:25.44	Runner	Minneapolis
3. 609	Komp, Andrew	47:46.38	Runner	Chetek
4. 630	Janicki, Sam	48:40.79	Runner	Mound
5. 634	Seibel, Ben	52:39.00	Runner	Eau Claire
6. 626	Cirves, John	56:08.91	Runner	Madison,
7. 638	Fields, Jake	1:02:27.16	Runner	Eau Claire

Female 30 - 39

Bib#	Name	Time	Type	City
1. 627	Cirves, Steena	1:16:34.29	Runner	Madison
2. 607	Holtan, Michelle	2:37:45.86	Runner	Stewartville

Male 40 - 49

Bib#	Name	Time	Type	City
1. 632	Myre, Mitch	59:16.03	Runner	Minneapolis
2. 606	Hinden, Craig	1:01:18.51	Runner	Eau Claire
3. 620	Watson, Paul	1:03:17.62	Runner	Farmington

Female 40 - 49

Bib#	Name	Time	Type	City
1. 608	Judd, Cara	1:10:04.34	Runner	Red Wing
2. 603	Fangman, Cathleen	1:10:04.47	Runner	Red Wing
3. 617	Seidl, Ann	1:11:00.74	Runner	Eau Claire
4. 616	Plummer, Laura	1:29:55.07	Runner	Eau Claire
5. 633	Ray, Janis	1:57:27.10	Runner	Eau Claire

6. 637	Handley, Kris	1:57:28.67	Runner	Eau Claire
7. 613	Mclaughlin, Jen	2:37:56.39	Runner	Lewiston

Male 50 - 59

Bib#	Name	Time	Type	City
1. 636	Morgan, Sheldon	52:22.30	Runner	Houston
2. 625	Ayres, John	1:05:52.31	Runner	Eau Claire

Female 50 - 59

Bib#	Name	Time	Type	City
1. 602	Class, Katy	59:46.60	Runner	Woodbury
2. 601	Bruggenthies, Julie	1:25:00.62	Runner	Menomonie

Male 60 - 200

Bib#	Name	Time	Type	City
1. 631	Mcdonell, Jim	54:57.49	Runner	Woodbury
2. 635	Graupner, Jim	1:04:08.84	Runner	Lake Elmo
3. 612	Mcgraw, Dennis	1:14:54.13	Runner	Eau Claire
4. 610	Lecher, Rick	1:28:24.40	Runner	Gordon

Female 60 - 200

Bib#	Name	Time	Type	City
1. 621	Weix, Kathy	1:14:16.41	Runner	Eau Claire
2. 615	Ogden, Pam	1:26:18.81	Runner	Eau Claire

Powder Keg 5K

Line Through = Disqualified

Place	Name	Hometown	Type	Bib #	Time	Pace	Speed	Sex	Age	ID Number
1	TYSON, ANDREW	SUPERIOR, WI	RUNNER	504	00:20:36.69	6:38/m	9.1mph	M	15	
2	WALCZAK, AARON	EAU CLAIRE, WI	RUNNER	536	00:26:01.44	8:22/m	7.2mph	M	42	
3	PEDICONE, JAMES	EAU CLAIRE, WI	RUNNER	511	00:26:27.12	8:31/m	7.0mph	M	37	
4	POLLOCK, ELI	MINNEAPOLIS, MN	RUNNER	534	00:27:23.20	8:49/m	6.8mph	M	31	
5	KOMP, ETHAN	CHETEK, WI	RUNNER	503	00:27:51.22	8:58/m	6.7mph	M	14	
6	FORMAN, JASON	EAU CLAIRE, WI	RUNNER	542	00:27:55.20	8:59/m	6.7mph	M	44	
7	JOHNSON, DOUGLAS	RIVER FALLS, WI	RUNNER	520	00:28:59.60	9:20/m	6.4mph	M	53	
8	AYRES, BOB	EAU CLAIRE, WI	RUNNER	531	00:29:06.12	9:22/m	6.4mph	M	57	
9	WIRNER, TERRY	FALL CREEK, WI	RUNNER	521	00:29:35.40	9:31/m	6.3mph	M	53	
10	LACHOWSKI, RICHARD	RIVER FALLS, WI	RUNNER	533	00:30:13.76	9:43/m	6.2mph	M	66	
11	SULLIVAN, MASON	FARMINGTON, MN	RUNNER	502	00:32:24.26	10:26/m	5.8mph	M	11	
12	SILVERBERG, STACY	EAU CLAIRE, WI	RUNNER	547	00:32:36.09	10:29/m	5.7mph	F	31	
13	WALLS, OTTILIE	FARMINGTON, MN	RUNNER	619	00:32:38.64	10:30/m	5.7mph	F	46	
14	GAST, ANDREW	CHIPPEWA FALLS, WI	RUNNER	514	00:32:53.25	10:35/m	5.7mph	M	45	
15	NOYES, JULIE	WILLMAN, MN	RUNNER	541	00:33:06.91	10:39/m	5.6mph	F	50	
16	KITZMAN, MICHAEL	EAU CLAIRE, WI	RUNNER	525	00:33:30.89	10:47/m	5.6mph	M	56	
17	RICHTER, DAWN	SHELL LAKE, WI	RUNNER	523	00:35:36.73	11:27/m	5.2mph	F	55	
18	BERNAL, EDGAR	EAU CLAIRE, WI	RUNNER	544	00:36:14.57	11:40/m	5.1mph	M	42	
19	PHILLIPS, ANN	ALTOONA, WI	RUNNER	516	00:36:40.07	11:48/m	5.1mph	F	50	
20	BENGS, SAMANTHA	RED WING, MN	RUNNER	532	00:38:43.79	12:28/m	4.8mph	F	26	
21	MURPHY, DEANNA	MEDFORD, WI	RUNNER	513	00:39:36.89	12:45/m	4.7mph	F	40	
22	WOOD, STEPHEN	EAU CLAIRE, WI	RUNNER	545	00:39:46.67	12:48/m	4.7mph	M	52	
23	VEERKAMP, LARRY	LINDENHURST, IL	RUNNER	501	00:41:09.39	13:15/m	4.5mph	M	66	
24	DEFFENBAUGH, MACKENZIE	EAU CLAIRE, WI	RUNNER	508	00:41:49.63	13:27/m	4.5mph	F	32	
25	ROBINSON, SHARON	ARCADIA, WI	RUNNER	517	00:43:28.82	13:59/m	4.3mph	F	50	
26	OLSON, CHERYL	ELEVA, WI	RUNNER	540	00:44:08.27	14:12/m	4.2mph	F	60	
27	ECKSTROM, CRYSTAL	EAU CLAIRE, WI	RUNNER	510	00:44:28.13	14:19/m	4.2mph	F	36	
28	YONASH, CASSANDRA	EAU CLAIRE, WI	RUNNER	506	00:44:49.22	14:25/m	4.2mph	F	26	
29	VAN PELT, ROB	BURLINGTON, IA	RUNNER	524	00:45:59.58	14:48/m	4.1mph	M	56	
30	CZLAPINSKI, MICHELLE	MILLADORE, WI	RUNNER	512	00:46:43.16	15:02/m	4.0mph	F	38	
31	FOX, SARAH	GOODHUE, MN	RUNNER	509	00:48:04.80	15:28/m	3.9mph	F	32	
32	RIEDEL, JANET	EAU CLAIRE, WI	RUNNER	526	00:48:22.18	15:34/m	3.9mph	F	58	
33	RIEDEL, BRIAN	EAU CLAIRE, WI	RUNNER	530	00:48:22.64	15:34/m	3.9mph	M	62	
34	CHRISTENSEN, JERRY	EAU CLAIRE, WI	RUNNER	543	00:49:49.87	16:02/m	3.7mph	M	70	
35	VANDREESE, KATHRYN	EAU CLAIRE, WI	RUNNER	535	00:49:55.16	16:04/m	3.7mph	F	28	
36	BEMENT, KATIE	CHIPPEWA FALLS, WI	RUNNER	546	00:49:55.49	16:04/m	3.7mph	F	29	
37	SAHR, JEAN	BLACK RIVER FALLS, WI	RUNNER	518	00:51:40.79	16:38/m	3.6mph	F	51	
38	DAVIS, RACHEL	HUMBIRD, WI	RUNNER	537	00:51:41.77	16:38/m	3.6mph	F	21	
39	SLOWIAK, LINDA	EAU CLAIRE, WI	RUNNER	528	00:51:42.35	16:38/m	3.6mph	F	59	
40	DUSICK, PAULA	FOREST LAKE, MN	RUNNER	522	00:51:42.41	16:38/m	3.6mph	F	55	
41	ANDREASEN, RODNEY	EAU CLAIRE, WI	RUNNER	529	00:53:12.32	17:07/m	3.5mph	M	60	
42	DRAZ, GERALYN	EAU CLAIRE, WI	RUNNER	538	00:54:34.76	17:34/m	3.4mph	F	56	
43	DRAZ, THOMAS	EAU CLAIRE, WI	RUNNER	539	00:54:35.52	17:34/m	3.4mph	M	57	

Powder Keg 5K

Overall Male Runners

Bib#	Name	Time	Type	City
1. 504	Tyson, Andrew	20:36.69	Runner	Superior

Overall Female Runners

Bib#	Name	Time	Type	City
1. 547	Silverberg, Stacy	32:36.09	Runner	Eau Claire

Male 0 - 19

Bib#	Name	Time	Type	City
1. 503	Komp, Ethan	27:51.22	Runner	Chetek
2. 502	Sullivan, Mason	32:24.26	Runner	Farmington

Female 20 - 29

Bib#	Name	Time	Type	City
1. 532	Bengs, Samantha	38:43.79	Runner	Red Wing
2. 506	Yonash, Cassandra	44:49.22	Runner	Eau Claire
3. 535	Vandreese, Kathryn	49:55.16	Runner	Eau Claire
4. 546	Bement, Katie	49:55.49	Runner	Chippewa Falls
5. 537	Davis, Rachel	51:41.77	Runner	Humbird

Male 30 - 39

Bib#	Name	Time	Type	City
1. 511	Pedicone, James	26:27.12	Runner	Eau Claire
2. 534	Pollock, Eli	27:23.20	Runner	Minneapolis

Female 30 - 39

Bib#	Name	Time	Type	City
1. 508	Deffenbaugh, Mackenzie	41:49.63	Runner	Eau Claire
2. 510	Eckstrom, Crystal	44:28.13	Runner	Eau Claire
3. 512	Czlapinski, Michelle	46:43.16	Runner	Milladore
4. 509	Fox, Sarah	48:04.80	Runner	Goodhue

Male 40 - 49

Bib#	Name	Time	Type	City
1. 536	Walczak, Aaron	26:01.44	Runner	Eau Claire
2. 542	Forman, Jason	27:55.20	Runner	Eau Claire
3. 514	Gast, Andrew	32:53.25	Runner	Chippewa Falls
4. 544	Bernal, Edgar	36:14.57	Runner	Eau Claire

Female 40 - 49

Bib#	Name	Time	Type	City
1. 619	Walls, Otilie	32:38.64	Runner	Farmington
2. 513	Murphy, Deanna	39:36.89	Runner	Medford

Male 50 - 59

Bib#	Name	Time	Type	City
1. 520	Johnson, Douglas	28:59.60	Runner	River Falls
2. 531	Ayres, Bob	29:06.12	Runner	Eau Claire
3. 521	Wirner, Terry	29:35.40	Runner	Fall Creek
4. 525	Kitzman, Michael	33:30.89	Runner	Eau Claire
5. 545	Wood, Stephen	39:46.67	Runner	Eau Claire
6. 524	Van Pelt, Rob	45:59.58	Runner	Burlington
7. 539	Draz, Thomas	54:35.52	Runner	Eau Claire

Female 50 - 59

Bib#	Name	Time	Type	City
1. 541	Noyes, Julie	33:06.91	Runner	Willman
2. 523	Richter, Dawn	35:36.73	Runner	Shell Lake
3. 516	Phillips, Ann	36:40.07	Runner	Altoona
4. 517	Robinson, Sharon	43:28.82	Runner	Arcadia
5. 526	Riedel, Janet	48:22.18	Runner	Eau Claire
6. 518	Sahr, Jean	51:40.79	Runner	Black River Falls
7. 528	Slowiak, Linda	51:42.35	Runner	Eau Claire
8. 522	Dusick, Paula	51:42.41	Runner	Forest Lake
9. 538	Draz, GERALYN	54:34.76	Runner	Eau Claire

Male 60 - 200

Bib#	Name	Time	Type	City
1. 533	Lachowski, Richard	30:13.76	Runner	River Falls
2. 501	Veerkamp, Larry	41:09.39	Runner	Lindenhurst
3. 530	Riedel, Brian	48:22.64	Runner	Eau Claire
4. 543	Christensen, Jerry	49:49.87	Runner	Eau Claire
5. 529	Andreasen, Rodney	53:12.32	Runner	Eau Claire

Female 60 - 200

Bib#	Name	Time	Type	City
1. 540	Olson, Cheryl	44:08.27	Runner	Eleva